

REIKI COURSES

Reiki Healing

Level 1—2 day course. Includes hand positions, history, principles, practice, attunements & Reiki 1 Manual. For healing self, family, friend, animals, plants & the environment **Fee £120**

Level 2 Practitioner —2 day course, includes distant, seated, further practice, attunements & Reiki 2 Manual. Open to students with level 1 & completed case studies. **Fee £250**

Level 3 Master Practitioner—Students are required to attend/observe/participate in Reiki 1 & 2 trainings & attunements of my new students, and to attend regular Reiki Share sessions. Case Studies & basic knowledge of Anatomy & Physiology also required. **P.O.A**

Revised April 2016, prices valid for 6 months

Please reserve my place on:
Reiki 1/Reiki 2 (Delete as appropriate)

On:

(date)

I enclose my deposit (50%) of: £
(cheques payable to J. Ransley)

Name:

Address:

Postcode:

Tel:

Email:

Julie Ransley
Holistic Healer & Teacher

HEALING

A complementary practitioner since 1997 Julie now specialises in *Harmonic Healing*, providing the client with a unique opportunity to heal themselves. *Harmonic Healing* gives the client the confidence to take responsibility for their own well-being and health, whilst encouraging and supporting them through the process using the wonderful healing techniques she practises.

TEACHING

Julie holds *one day workshops* exploring the potential of crystals, working with Angels, creating crystal jewellery, Angel Moon Essences & other aspects of healing. She also teaches *courses* in Mindfulness Meditation; Soul Evolution; Shefa Healing, Reiki Healing. Julie was the founder member of the Swale Forum of Holistic Practitioners in 2003. Set up in response to the need for Holistic Practitioners to support each other and to raise awareness of Complementary Therapies in the Swale and surrounding area.

Registered with:

ICCH; ACHO; Soulschool; FHT; & UKRF

See the website for full list of courses & workshops; Angel Moon Essences & Julie's spiritual blog.



Gaia Angelicus

"A tranquil oasis restoring harmony and balance to stressful lives; generating vitality and well-being of mind, body and spirit."

REIKI HEALING & TEACHING Information Leaflet

Julie Ransley
Holistic Healer & Teacher
UK Reiki Federation
ICCH, ACHO, ICHT, SFHP, Soulschool



Howbeck Lane, Clarbrough,
Retford Nottinghamshire
DN22 9LW

Tel: 01777 709613

www.gaia-angelicus.co.uk

Reiki Healing Reiki was developed by Mikao Usui in Japan early in the 20th century, based on Shinto & Buddhist teachings. The word Reiki means 'universal energy', which flows through all living things. Reiki is a non-invasive natural healing technique based on the free flow of this energy in a person. It heals on every level, is deeply relaxing and has a profoundly calming effect that is particularly good for relieving stress. Your Reiki healer has been trained and attuned to channel this very special universal energy. Working always in a way that is respectful and for your highest good. Your Reiki session will be specific to your needs at the time of the treatment, so may vary from one session to the next. Whilst receiving Reiki some clients have reported feeling physical, mental and/or emotional effects, these may continue for some time after the session. The most profound effect is to put the body into a continuing state of deep relaxation which is the optimum state for healing.

To book your session please ring:

01777 709613

FEE for 1 Hour session £30.00

Information for Clients following

Reiki Healing: During the next 24 – 48 hours you may experience some of the following reactions:

Relaxed and very sleepy; Revitalised and energetic; Need to urinate more frequently; Slight headache or muzzy head; Tingling; Slight nausea.

Some people experience a slight worsening of their symptoms (if they come with a specific complaint), this should not last more than 24 – 48 hours. If you have any queries or are unsure about a reaction following treatment please contact me.

Please make a note of any reactions you experience and bring it to your next appointment.

Do: Drink plenty of water;

Rest if possible for at least 20 – 30 minutes; Relax

Do Not: Eat a heavy meal for at least 4 – 5 hours, a light snack is fine; Drink coffee, strong tea or alcohol

Your next appointment is on: _____ at _____ am/pm



Reiki Courses & Attunements

Discover the wonderful world of Reiki on our courses held in the heart of the Kent countryside, with easy access to motorways & public transport. You will be shown how to channel this marvellous energy for yourself and others. Receive your Attunements in a tranquil and respectful environment. Attunements are one to one in private and the tuition is in a small group of no more than four students. Your Reiki Master is dedicated to encouraging all her students to achieve their maximum potential by becoming the very best Reiki Healers they can possibly be.

All workshops & courses are from 10am until 4pm unless otherwise stated. You will need to bring your lunch, a notebook & pen. Numbers are limited to ensure adequate one to one tuition where appropriate.

To reserve your place please send the booking form with a 50% deposit. Which must be received at least 3 weeks before the start of the course. For further information on any of our workshops & courses please contact us or visit the website. For Fees see overleaf.